

1. CATEGORIES & AGE LIMIT

Cadet (10 Categories)

- **Age (All Categories):** Age 14/15 (Born in 2002 and 2003)
- **Individual Kata:** Female & Male
- **Individual Kumite:** Female: -47kg, -54kg, +54kg
Male: -52kg, -57kg, -63kg, -70kg, +70kg

Junior (13 Categories)

- **Age (Ind. Kata & Ind. Kumite):** Age 16/17 (Born in 2000 and 2001)
- **Age (Team Kata):** Age 14/15/16/17 (Born in 2000, 2001, 2002 & 2003)
- **Individual Kata:** Female & Male
- **Team Kata:** Female & Male
- **Individual Kumite:** Female: -48kg, -53kg, -59kg, +59kg
Male: -55kg, -61kg, -68kg, -76kg, +76kg

Under 21 (13 Categories)

- **Age (All Categories):** Age 18/19/20 (Born in 1997, 1998 and 1999)
- **Individual Kata:** Female & Male
- **Individual Kumite:** Female: -50kg, -55kg, -61kg, -68kg, +68kg
Male: -55kg, -60kg, -67kg, -75kg, -84kg, +84kg

Senior (17 Categories)

- **Age (Kata):** +16 (Born in 2001 and before)
- **Age (Kumite):** +18 (Born in 1999 and before)
- **Individual Kata:** Female & Male
- **Team Kata:** Female & Male
- **Individual Kumite:** Female: -50kg, -55kg, -61kg, -68kg, +68kg
Male: -55kg, -60kg, -67kg, -75kg, -84kg, +84kg
- **Team Kumite:** Female & Male